



HERBALS

Blended

Non-Blended

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Naturally caffeine-free.

Herbals, botanicals, tisanes are infusions that do not include true tea, yerba mate, or rooibos. The act of infusing herbs and other dried plant items in hot water is age-old and the process results in beverages that are both delicious and loaded with health benefits.



BELLY BOOSTER *Organic*

Red raspberry leaf, alfalfa leaf, peppermint, and nettles work together to tone and strengthen the uterine muscles for the expecting mother. Minty and delicious alone or with honey.

Cup **3.75** 2 oz **12-** 8 oz **42-**
4 oz **22-** 1 lb **80-**



CHERRY BERRY RUCHI

Blend of cherries, elderberries, rosehips, hibiscus, cranberries, blackberries, and raspberries. Less tart than the Berry Bunch and naturally sweet.

Cup **3.75-** 2 oz **10-** 8 oz **34-**
4 oz **18-** 1 lb **65-**



CHILL *Organic*

Our most popular mint-based blend, Chill combines peppermint with cardamom, licorice root, and oils of basil and clove. A soothing blend for sore throats.

Cup **4-** 2 oz **12-** 8 oz **42-**
4 oz **22-** 1 lb **80-**

DETOX *Organic*

Lemongrass, rose buds, schizandra berries, rosehips and lemon oil combined to create a citrusy, detoxifying blend with notes of berries and flowers

Cup **4-** 1 oz **10-** 8 oz **34-**
4 oz **18-** 1 lb **65-**



CINNAMON GINSENG *Organic*

A true cold-buster: Korean ginseng, cinnamon, orange peel, star anise, ginger, licorice root, and black pepper. Clears sinuses, soothes sore throats, and enhances immune response.

Cup **4-** 2 oz **13-** 8 oz **45-**
4 oz **24-** 1 lb **85-**



GINGERINE *Organic*

Tangerine, ginger, schizandra berries, and citrus oils create a well-balanced herbal blend. The tartness of the citrus and berry elements contrasts perfectly with the spicy, invigorating ginger for a sweet and lasting finish.

Cup **4** 2 oz **10-** 8 oz **34-**
4 oz **18-** 1 lb **65-**



HERBAL ELIXIR

Eucalyptus, ginger root, orange peels, mint leaves, and ginger-orange flavor. This blend is calming, comforting, and warming, and the synergy of the different ingredients is ideal for strengthening your immune system.

Cup **3.75** 2 oz **10-** 8 oz **34-**
4 oz **22-** 1 lb **65-**



HOLY DETOX

Holy basil, spearmint, rosehips, lemon myrtle, and linden blossoms. A perfect balance of mint, basil, and floral elements.

Cup **3.75-** 2 oz **10-** 8 oz **34-**
4 oz **22-** 1 lb **65-**



IMMUNITY *Organic*

A powerful mix of lemongrass, cardamom, ginger roots, licorice root, black pepper, and peppermint. Naturally sweet, citrusy, and spicy, it is full of immunity boosting herbs and roots!

Cup **3.75-** 1 oz **10-** 8 oz **34-**
2 oz **22-** 1 lb **65-**

